



# Opioid Conversions:

## Calculating Morphine Milligram Equivalents (MME)

Opioid	Morphine Equivalent	Conversion Factor	Divide	Multiply
<b>Morphine</b>	30mg	1		
<b>Hydrocodone</b>	30mg (6 tabs of 5/325)	1		
<b>Hydromorphone</b>	7.5mg	4		
<b>Oxycodone</b>	20mg	1.5		
<b>Fentanyl</b>	12mcg (Never 12.5mcg)	2 (Safe/Easy)		
<b>Codeine</b>	200mg	0.15 (Not Effective)		
<b>Tramadol</b>	300mg	0.10 (Not Effective)		